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Date:	Nam	ne:		

VISUAL PAIN RATING SCALE

INSTRUCTIONS

Make a mark (/) along the line which you think represents your current level of pain in your major area of injury, somewhere between "NO PAIN AT ALL" and "PAIN AS BAD AS IT COULD BE"

NO PAIN AT ALL -

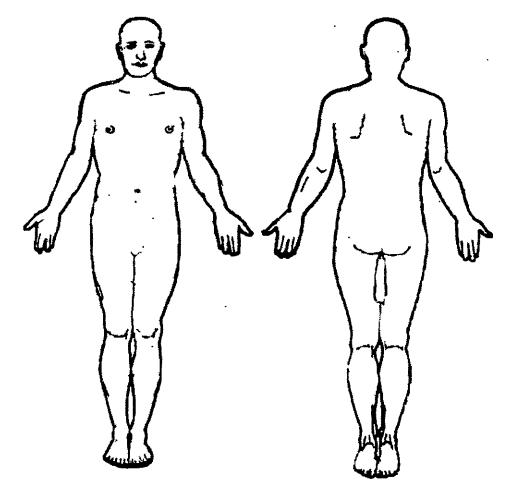
PAIN AS BAD AS IT COULD BE

PAIN DIAGRAM

INSTRUCTIONS

On the following diagrams, indicate all areas of:

Pain - XXXX Stiffness - //// Numbness - 0000 Other (Specify)





Assessments Massage Orthotics Acupuncture Nutritional Counselling

Rehabilitation